

ABSTRACT OF THE DISCLOSURE

Disclosed are absorbent structures for use in disposable absorbent products for absorbing bodily fluids, wherein the absorbent structure includes a fluid storage layer

5 including matrix fibers and a superabsorbent polymer for receiving fluids and a distribution strip positioned below said fluid storage layer. The distribution strip includes cellulosic fibers and has a basis weight of between 45 grams per square meter and 140 grams per square meter and a density of between 0.20 grams per cubic centimeter and 0.60 grams per cubic centimeter.